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## Weekly Menu, 01/14/2019 - 01/18/2019

the discovery center

Day	AM Snack	Lunch	PM Snack	PM Snack Orange
Monday	Cheerios Cereal Banana Chunks	Macaroni and Cheese Broccoli Spears Apple Slices	Orange Slices	Cheerios Cereal Banana Chunks
Tuesday	Hummus Red Pepper/Cucumber Slices Pretzels	Tacos/Taco Salad Taco Chips or Soft Tortilla Shells Ground Turkey, Cheese, Tomato, Lettuce Orange Slices	Banana Chunks	Hummus Red Pepper/Cucumber Slices Pretzels
Wednesday	Vanilla Yogurt Mandarin Oranges Blueberry Chex Cereal	Turkey and American Cheese Tortilla Wrap Lettuce and Tomato Carrot Sticks Pear Slices	Apple Slices	Vanilla Yogurt Mandarin Oranges Blueberry Chex Cereal
Thursday	Wheat Round Crackers American Cheese Slices Carrot Sticks	Whole Wheat Soybutter and Natural Fruit Jelly Sandwich Broccoli and Cauliflower with dip Banana Chunks	Sliced Pears	Wheat Round Crackers American Cheese Slices Carrot Sticks
Friday	Cheez-It Crackers Peaches and Pears	Chicken Nuggets Cucumber Slices Apple Slices	Apple, Banana, Orange Slices	Cheez-It Crackers Peaches and Pears

Water and 1/2% milk is served with all snacks and lunches. An alternative selection is served with each lunch.