



## Weekly Menu, 09/30/2019 - 10/04/2019

Day	AM Snack	Lunch	PM Snack
<b>Monday</b>	Wheat Thins Cheese Sticks Carrot Sticks	Hummus Tortilla Wrap Broccoli and Cauliflower with dip Diced Peaches	Apple Slices
<b>Tuesday</b>	Cornflakes Cereal Nectarine Slices	Chicken Noodle Soup Whole Wheat Cheese Sandwich Lettuce, Tomato, Avocado Sliced Pears	Orange Slices
<b>Wednesday</b>	Bagels with Soybutter Cucumber Slices	French Toast Sticks Turkey Patties Carrot Sticks Nectarine Slices	Banana Chunks
<b>Thursday</b>	Goldfish, Pretzels, and Corn Chex Orange Slices	Whole Wheat Turkey and American Cheese Sandwich Cucumber Slices Sliced Plums	Pear Slices
<b>Friday</b>	Assorted Cheerios Banana Chunks	Butternut Squash Pasta Broccoli and Red Pepper Apple Slices	Apple, Banana, Orange Slices

Water and 1/2% milk is served with all snacks and lunches. An alternative selection is served with each lunch.